

Grantown Grammar School

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THE HIGHLAND COUNCIL
COMHAIRLE NA GAIDHEALTACHD

Mrs Claire McGonigal, Headteacher

Dear Parent / Guardian,

1 November 2021

S3 Residential- Badaguish November 2021

The S3 Residential is the main Outdoor Learning experience for S3 pupils. It brings together all the work they have studied through the John Muir Award in S1/2 and prepares them for opportunities like DofE and senior courses in S4-6. In addition to this it provides an excellent learning experience where pupils develop essential skills for life, learning and work that support their growth and development into their future career paths.

This year's residential will take place at Badaguish Outdoor Centre on the week beginning Monday 15 November 2021. **Pupils will be split into their normal school practical groups being offered a two day experience each. (3A- Mon/Tues, 3B- Tues/Wed, 3C- Wed/Thurs & 3D- Thurs Friday).** All timings will fit in with normal bus times so pupils will not need any additional travel arrangements, including the last group due to return on Friday.

During their stay the pupils will experience a wide variety of activities, both curricular and extra-curricular, while concentrating on core values and team building skills. They will experience new challenges which will help them to further develop a wide variety of skills including self-awareness, self-confidence, co-operation and respect for each other and the environment they live in.

Schedule for each of the groups:-

Day 1

- Pupils should come prepared for period 1 and 2 classes as normal.
- Start of period three they meet at the Outdoor Learning Store for a kit top up if needed
- Pupils are transported up to Badaguish and introduced to the lodges.
- All pupils should take a pack lunch for day 1.
- Afternoon activity of a cycle around Glenmore/ Rothiemurchus on mountain bikes- all equipment will be provided for this activity. No previous mountain biking experience is necessary. The focus is a gentle ride that all pupils can take part in. Lots of stops and chats.
- Return to Badaguish where we will provide a snack.
- Games in the open air sports area.
- Dinner- prepared by the pupils.
- Nightline activity which is always a huge hit with the pupils.
- Go up to Cairngorm car park to look at the night sky- northern lights?
- Hot chocolate and bedtime snack.

Day 2

- Rise and breakfast.
- Move out of the lodges to allow for deep clean.
- Morning of orienteering games around the Badaguish Campus.
- Back to school for normal lunch time.
- Pupils will follow normal afternoon timetable.

Note that on the day pupils are due to go on their residential- leave residential luggage in the hall. Regarding bags with school books for the period 1 and 2 classes- plus for the afternoon classes when they return on day two. These can be left in secure storage at the Outdoor Learning store during kit check before departure for Badaguish on day 1.

Mobile Phones – Following the School's mobile policy, **mobile phones should not be brought on the residential trip**. All staff will have phones that will be contactable through the school. Pupils will be able to ask to phone home if required.

Catering - The pupils will do their own catering and tidying, supervised by their teachers. Dinner will be a dish cooked by the pupils. It will be pasta based with lots of sauces and many different toppings to suit all tastes so pupils can customise. Please let us know if this will not be appropriate for your child but note facilities are limited. Pudding will be provided as well. Also we will make sure that snacks are on hand to top up the hungry teenagers whilst in our care.

Breakfast will be cereal based with plenty of toast plus juice/ tea/ coffee.

It is important that we know of any special dietary requirements and medical conditions/medication required by individual pupils (even if the school has already been notified of these in the past).

Cost – The total cost for accommodation, transport, food and activities is £40. **If the cost is a concern, please contact me directly as payment options are available.** No pupil should miss out due to finance.

Consent - Please complete the attached consent form along with any additional medical conditions or dietary requirements that your child might have. Please can you return these along with the payment by Monday 8 November 2021 to Mr K.McGougan

The S3 Residential is designed to be an enjoyable experience for all pupils. We have the flexibility to cater for all needs (accommodation, food, activities, payment etc) to ensure everyone can be involved. If you feel your child would require some specific needs please get in touch with me to discuss.

Kind Regards

Claire McGonigal
Head Teacher

Clothing and Equipment information, and check list.

During the residential activity, participants will spend much of the time outdoors, undertaking a range of activities and tasks. To ensure your child's safety and comfort in the outdoor environment, appropriate clothing and protective equipment will be required. The school will provide all specialist equipment, and **can provide suitable waterproofs and footwear, where required.**

General principles

- Several thin layers insulate better than one thick layer, and provide the means of adjusting layers to suit prevailing weather and levels of activity. Fleece clothing, sweatshirts and sports tracksuits are ideal.
- Denim clothing, such as jeans are not suitable, as they become stiff when wet, and provide virtually no insulation. Tracksuit bottoms, leggings, jogging pants are best.
- Socks worn on activity sessions should be at least calf length. Short training shoe sports socks are not suitable.
- Prevailing weather could potentially be warm and sunny, or cold and wet. Plan for both.

Checklist for activities (items marked * can be supplied by the school)

- ✓ Underwear for two days
- ✓ Socks – 2 pairs
- ✓ T-shirts - 2
- ✓ Sweatshirts/fleeces/jumpers – two/three
- ✓ Legwear – three maximum
- ✓ Shorts
- ✓ Waterproof jacket and overtrousers (*)
- ✓ Hat and gloves (*)
- ✓ Old trainers for wet activities
- ✓ Rucksack (*)

Checklist for night time

- ✓ Casual clothes
- ✓ Pyjamas
- ✓ Toiletries
- ✓ Towels – two
- ✓ Sleeping bag- Under sheet and pillow covering will be provided by Badaguish. These will be fresh and changed daily in the lodge deep clean. Rooms will be well ventilated and all covid guidance will be fully adhered to at all times.

General

- ✓ Water bottle
- ✓ Torch
- ✓ Two large bin liners – one for wet and one for dry
- ✓ Personal medication, clearly labelled with name and dosage, to Mr Wilson/ Mr McGougan prior to leaving.

CONSENT FORM (to be returned by Monday 8 November 2021)

Name of pupil DOB..... Register class

I agree to the participation of my son/daughter in the above pursuit and note the details of the proposed arrangements as given above. I have retained the information form for any necessary future reference.
I note below any health/medical conditions that may affect my son/daughters participation in the activities.
I support the 'no mobile phone usage' for the duration of the residential.
I also agree to photographs and video of my son/daughter taken during the Residential trip to be included in the school newsletter and on the school social media sites.

Payment

I have made a payment of £40
We would prefer if this can be paid via bank transfer to **Grantown Grammar School Fund**, please reference **S3RES/SURNAME**
to Bank of Scotland Account no. 0043 3130 sort code 80-08-16
(Please tick appropriate box before signing)
If not possible then any cash payment should be clearly labelled and given into the school office.

Print name of Parent/Guardian: _____

Signature of Parent/Guardian: _____

Home Telephone Number

Mobile Telephone Number

Address.....
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Health Concerns/Medical Conditions
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Medication
.....
.....

Special Dietary Requirements
.....
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Other Relevant Information
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